

Food Allergies

Due to the increase in food allergies children are presenting with in the school, the School Board will take measures to ensure the safety of all students.

- A. Any student enrolling, with a food allergy will be required to have a Food Allergy Action Plan completed by their physician and on file in the nurse's office.
- B. A list of all food allergies and food intolerances will be compiled by the school nurse for each building at the beginning of each school year, and update as needed. List will be distributed to each building principal and staff in each building.
 - a. Food allergy - Allergic reaction that occurs when the immune system responds defensively to a specific food protein when ingested
 - b. Food intolerance - An adverse reaction to food that does not involve the immune system and therefore differs from a food allergy.
- C. Foods brought into the school by parents/students, during school hours, to be shared among students, must follow the guidelines for the designated building and must be purchased in stores and contain complete ingredient declarations.
- D. School bus drivers will have training including symptom awareness and what to do if a reaction occurs.
- E. "No eating" policy will be followed on all buses.
- F. Each building shall follow guidelines set-up for students with food allergies.

Turkey Run Elementary/Rockville Elementary School
Guidelines for Food Allergy Program

A. Guidelines for School Staff:

1. Parents/guardians of food allergy students will complete a Food Allergy Action Plan with their physician for school records.
2. Classroom staff will be informed of any students within their class that has a food allergy.
3. Confidentiality will be maintained at all times.
4. Classroom staff will be knowledgeable of the student allergy, and be able to recognize symptoms, and know what to do in an emergency.
5. Encourage parents/guardians to help organize class parties and other special events.
6. A letter will be sent home yearly to elementary parents to explain food allergens within the school, and what ingredients need to be avoided. An updated notice will be sent home if needed through-out the school year.
7. A suggested snack list will be sent home to each elementary parent, with the emphasis that this is just a suggestion and labels still need to be read for any ingredients that need to be avoided.
8. Avoid cross contamination. Be sure students wash their hands with soap and water after eating.
9. “No trading” of food in the cafeteria policy will be enforced.
10. Work with the food allergy student to not accept food from anyone, except a staff member.
11. Review lesson plans that involve food, making sure supplies are non-allergenic.
12. Keep information about each food-allergic student, including the student’s name, in your class roster so that substitute teachers will be aware.
13. Review plans for field trips and plan ahead how to handle eating situations.
14. The school nurse will work with classroom teachers to plan for field trips, instructing the teacher on emergency medication.

B. Student Responsibility:

1. Student will not trade food with others.
2. Student should not eat anything with unknown ingredients or known to contain any allergen.
3. Student should be proactive in the care and management of their food allergies and reactions.
4. Student should notify an adult immediately if they eat something they believe may contain the food to which they are allergic.

C. Parent/Guardian Responsibility:

1. Parent/Guardian will inform school of any food allergy.
2. Parent/Guardian will have physician complete a Food Allergy Action Plan before the start of school or upon enrollment.
3. Parent/Guardian will provide school with any medication needed for the treatment of an allergic reaction.
4. Parent/Guardian will inform school of any changes in allergy or medications.

Parke Heritage Middle School/Parke Heritage High School
Guidelines for Food Allergy Program

A. Guidelines for School Staff:

1. Parents/guardians of food allergy students will complete a Food Allergy Action Plan with their physician for school records.
2. Classroom staff will be informed of any students within their class that has a food allergy.
3. Confidentiality will be maintained at all times.
4. Staff will be knowledgeable of food allergies, and be able to recognize symptoms, and know what to do in an emergency.
5. A letter will be sent home yearly to parents to explain food allergens within the school, and what ingredients need to be avoided. An updated notice will be sent home if needed through-out the school year.
6. Review lesson plans that involve food, making sure supplies are non-allergenic to students within the class.
7. Food used in lesson plans may need to be substituted according to the food allergy list for students within the class.
8. To avoid cross contamination, hand washing must be completed before and after food handling.
9. Keep information about each food-allergic student, including the student's name, in your substitute folder so substitute teachers will be aware.
10. Review plans for field trips and plan ahead how to handle eating situations.
11. The school nurse will need to be informed of field trips to plan for emergency medication for students with food allergies.

B. Student Responsibility:

1. Student will not trade food with others.
2. Student should not eat anything with unknown ingredients or known to contain any allergen.
3. Student should be proactive in the care and management of their food allergies and reactions.
4. Student should notify an adult immediately if they eat something they believe may contain the food to which they are allergic.

C. Parent/Guardian Responsibility:

1. Parent/Guardian will inform school of any food allergy.
2. Parent/Guardian will have physician complete a Food Allergy Action Plan before the start of school or upon enrollment.
3. Parent/Guardian will provide school with any medication needed for the treatment of an allergic reaction.
4. Parent/Guardian will inform school of any changes in allergy or medications.

